

Department: Parks and Recreation
Position: **Aquatic Fitness Instructor**
Accountable To: Pool Manager, Parks/Rec. Director
Supervision exercised: None
Position Objective: Provide high quality aquatic fitness instruction
Appointment Type: Seasonal Part-time
Salary: \$17.80 per hour

Duties and Responsibilities:

The following duties are intended to be illustrative only and are not necessarily inclusive:
Teaches scheduled classes. Sets up and breaks down of all fitness class materials in a timely fashion. Prepares music and lesson plans for each class and provides a variety of options to meet all ability levels.

Skills:

Strong interpersonal skills, knowledge of facility policies and procedures. Must have the knowledge of human anatomy, kinesiology and training principles. Ability to incorporate music, visual and verbal cues into teaching. Ability to establish and maintain working relationships with program participants, employees and the public.

Mental Demands:

Ability to maintain composure and act responsibly in stressful situations. Must maintain a positive, encouraging attitude.

Experience

One season of aquatic fitness instruction preferred.

Education:

No requirements

Working Conditions:

Ability to work outdoors with prolonged exposure to sun, heat, and pool water. Occasional inclement weather such as cold, and rain may be encountered.

Physical Demands:

Ability to properly demonstrate movements while standing on a concrete deck. Must have sufficient fitness level to successfully lead a full hour of instruction. Ability to move or lift equipment or supplies of up to 50 lbs.

Contacts:

Pool staff, parks and recreation staff, other city employees and the general public.

Special requirements:

Must be at least 18 years of age. May be required to successfully pass a post-job offer drug screening and background check. Nationally recognized certifications preferred, such as, AEA, ACE, AFAA, WIM, etc.